



**The Franciscan  
Sun- Herald**  
St. John the Beloved Apostle  
Order of Secular Franciscan Fraternity  
September 2018

**Vol. 23, No.9**  
**Meeting Place:**  
Basilica of St. Mary,  
Catholic Church &  
Lyceum, 313 Duke Street,  
Alexandria, VA  
**Meeting: Sep 8, 2018 at**  
Basilica of St Mary 10 a.m.  
with the Bishop  
(see page 2 for details)



**The Rule of the OFS:**  
**Article 22**  
*The local fraternity is to be established canonically. It becomes the basic unit of the whole Order and a visible sign of the Church, the Community of love. This should be the privileged place for developing a sense of Church and the Franciscan vocation and the enlivening the apostolic life of its members*

that he did nothing without her intercession. I encourage all of us to renew our consecration to Mary this month. Bishop Burbidge will say Mass at the Basilica of St Mary on Saturday September 8 at 10:00 a.m. to formally install the Basilica. We will attend the bishop’s Mass and reception at the Lyceum following the Mass in place of our monthly meeting. This will be a wonderful way for us to celebrate Our Lady’s birthday with solemn hymns and the historic ceremony. Please arrive early between 9 and 9:30 a.m. to secure two pews for us. I look forward to seeing all of you there. God love you

**Minister’s Corner:**

Think about all the recent Feasts honoring Our Lady: Our Lady of the Angels on Aug 2, the Assumption - August 15, Queenship of Mary - August 22, and forthcoming feast of the Birthday of Mary, September 8. As Franciscans, we follow our Holy Father St Francis who was so devoted to Our Lady

**Reflection – September 2018**  
**submitted by: Karen Connair, OFS**

For the past several years, St. Francis University of Loretto, PA has held a four day Secular Franciscan Summer Seminar. This year the Seminar was held July 12-15, 2018. Every summer, Secular Franciscans come from around the country

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to gather and pray, share experiences and embrace our own unique spirituality that the Seminar fosters. There are talks, Mass and social times. It is a beautiful campus, located in the heart of the Allegheny Mountains. It began as an academy in 1847 by Irish friars from the Third Order Regular. I have been going there off and on for many years. I first attended Franciscan spirituality seminars at the University when it was St. Francis College over 30 years ago. I remember I visited the campus for a spirituality program shortly after I had first joined the Secular Order in the early 1980s. At this one particular program, I was the only Secular there—the rest were Franciscan sisters! A few years later I attended another summer program, and found a few more Seculars in attendance. But it was not until about eleven years ago that the University decided to promote exclusively a summer program just for Secular Franciscans. Every year the theme is different with speakers who come from around the country.

This year's theme was entitled "Francis the Troubadour: How can I Keep From Singing?" The featured speakers were Brother Bob Herrick, OFM Cap., who is a novice director and resides in the greater DC area, and a married Secular Franciscan couple, Jerry and Cricket (yes, that is her real name!) All, who now live in the mountains of North Carolina. Brother Bob spoke about the life of St. Francis and how his life can be a guide to the Secular Franciscan today. Jerry, a professional musician, gave up a lucrative career in the private corporate world to focus on his music. He and his wife, who is an author and speaker, travel about the United States, giving talks and it is blessing for all who are fortunate to hear them.

Jerry and Cricket live a very simple life in

the mountains. They raised six children, who are now all grown, in various parts of the country. They have no television or radio. Cricket prays several hours a day. She mentioned to us that when Jerry once appeared on the EWTN Network she had to go to a neighbor's house to see him because they had no television! Jerry played his guitar for us and his voice was so pure and spiritual (he sounded a lot like James Taylor) that it moved us to tears. He often writes his own music. Cricket was a great storyteller; she spoke of how God has performed miracles in her life and how one can draw closer to God by embracing a spiritual attitude in everyday life. I will share one of her themes, because it is well worth mentioning.

The Joy of Living Each Day for God. Ten Steps to Draw Closer to the Lord.

- (1) Begin your day with time for the Lord.
- (2) Expect to hear from the Holy Spirit.
- (3) Replace negative thinking with positive thinking and the Word of God.
- (4) Take time for silence and solitude every day and give your undivided attention to God.
- (5) Stop for prayer several times a day.
- (6) While praying, if you find yourself being distracted, bring yourself back to His presence. Embrace a peaceful attitude.
- (7) Act on his Grace.
- (8) Live in the present moment.
- (9) Take on the mind of Christ.
- (10) Thank God in all circumstances. Celebrate our total need for Christ.

I came away from the weekend refreshed and renewed in my own Franciscan spirituality. I met many wonderful people from all parts of the country. The campus is beautiful, the mountain air is cool and crisp. It was a lovely weekend. I hope all of

you can attend the Summer Seminar at least once in your life; it will be well worth your while.

## **Fraternity Focus**

### **This Month's Meeting**

This month's Meeting will return to the Basilica of St. Mary, Catholic Church & Lyceum, 313 Duke Street, Alexandria, VA

The following was the agenda for our meeting at St Mary Basilica on September 8, 2018:

- 8:30 No Mass or Confession
- 9 – 9:30 Arrive at Basilica of St Mary
- 10:00 Bishop Burbidge Mass to Formally Install the Basilica
- Reception following the Mass at Lyceum
- No Council meeting

### **Events**

**September 8, 2018:** Birthday of Mary. The fraternity will honor Our Holy Mother during the Bishop's Mass at 10am.

**October 3, 2018:** Transitus of St Francis of Assisi will be held at the Franciscan Monastery of the Holy Land in America, 1400 Quincy St NE, Washington, DC 20017 from 7:00 - 9:00 PM.

### **October 4, 2018:**

Feast of St Francis of Assisi: The Poor Clare Monastery, Mass at 7:00 AM  
2503 Stone Hedge Dr, Alexandria, VA  
22306; Phone: (703) 768-4918

Or for those who like to travel:

The Shrine of Saint Anthony at 12290 Folly Quarter Rd. Ellicott City, MD 21042 will celebrate Mass at 12:00 in honor of Saint Francis.

**October 13, 2018:** The Fraternity is tentatively planning a Day of Recollection with a pot luck meal in Orange, VA. More information to follow.

### **October 20, 2018: Christ House**

#### **Apostolate:**

The next date for the fraternity's apostolate at Christ House from 3:00 - 6:00. The last month for the year is November 17th. Please contact Sadie Martins or Marcia Campbell.

Christ House's Address is:  
131 S West St, Alexandria, VA 22314  
Phone: (703) 549-8644  
Dates and times for some events may change. Updates will be provided in future issues.

## **Bulletin Board**

### **Our Family:**

Recalling the words of St. Francis regarding the sick:

*I beg all my sick brothers that they do not become angry in their infirmities or disturbed either against God or against their brothers....  
Let them give thanks in all things so that they may desire to be as God wants them to be.*

### **And Let Us Pray:**

#### **For the Healing of:**

Mary Ann Friesen, Karen Riedl, Lorraine Lee, John Dina & his family, especially Meredith, Catherine Williams, daughter Amy; Wayne, Cathy William's Son-In-Law; Pat McGrath's sister, Mary Wagner, Pat's

husband, John Schupp, Wilma Connair, Karen's Mother-in-law, Stephen Connair, Karen's husband, Michael, Laura, Kim & Michelle Feldman, Rita's niece Sarah Lewis and husband Ben, Tom McGrath, Dominic West, and for all our families and friends who need God's healing. That God will have mercy on all the sick and injured, especially those who are dying.

**For the Repose of the Souls who have preceded us into eternal life:**

Lorre Bracey – Marcia's daughter, David Robertson – Joanne's son, Cathy Williams Mother, George Webb, Geneva's Father, Alfie Evans, Jean Weaver, and for all the Souls in Purgatory who have no one to pray for them.

**Special Intentions:**

For our Holy Father and all the leaders of the Church that they may faithfully adhere to Christ's teachings.

For religious vocations to the priesthood and consecrated life, for vocations to Franciscans.

For respect for sanctity of marriage between one man and one woman, respect for sanctity of human life and for religious freedom.

For an end to abortion, euthanasia, and assisted suicide in this country and throughout the world.

For the sanctity of all our priests, religious, and lay people.

For those being persecuted throughout the world for their faith.

For our veterans, military and first responders.

For John S. and all those struggling with addictions.

For the conversion of the sinners especially the perpetrators of sexual abuse and for the healing of sexual abuse victims.

For peace in the world, peace in our Church, peace in our families, and peace in our hearts.

For our leaders, that the Holy Spirit guide them to make decisions for the common good.

For our Fraternity members and families and for all our intentions held close in the silence of our hearts.

**Our Fraternity:**

**Profession Anniversaries and Birthdays:**

**Profession Anniversaries:**

Comfort Lartey - September 16, 2017

**Birthdays:**

John Dina - September 7th

Annie Marie Pierce - September 9th

Art Scarano - September 12th

Rita Evans - September 27th

**In Memoriam: For all our departed brothers and sisters, especially**

Ella Newell - September 4, 1973

Doris Mason - September 9, 2007

Martha Hall - September 9, 2008

Mary Bartos - September 19, 1990

Suzanne Keenam - September 24, 1992

May the Lord in his infinite mercy, grant them eternal peace with all his angels and saints in heaven.

## **Franciscan Saints, Blesseds & Holy Ones (for all 3 branches of the Order)**

### **September – Month of the Holy Cross**

1. Bl Joachim de Albocacer, Priest, Capuchin religious, martyr 1936
2. Bl. Martyrs de Carmes, d. 1792
3. Bl. Gabriel of St. Magdalen, Franciscan Martyr of Nagasaki Japan
4. St. Rose of Viterbo, Virgin, Franciscan Third Order Secular, d. 1252 Plenary Indulgence for cordbearers
5. Bl. Gentil de Matelica, Priest, religious of the Franciscan 1st Order, martyr 1340
6. Bl. Liberatus of Lauro, Priest, religious of the Franciscan 1st Order, d. 1258
7. Bl. Eugenie Picco, Virgin, religious of the Third-Order Regular [living in community, under a Rule], d. 1921
8. Nativity of the Blessed Virgin Mary
9. Bl. Seraphina Sforza, Virgin, of the Franciscan 2nd-Order; a "Poor Clare" sister, d. 1478
10. Bl. Martyrs of Japan, religious of the Franciscan 1st Order and Franciscan Third Order Seculars, d. 1622-1632
11. Bl. Bonaventure of Barcelona, lay brother, religious of the Franciscan 1st Order, d. 1684
12. Feast of the Name of Holy Mary
13. Bl. Apollinaire Franco, Priest, religious of the Franciscan 1st Order, martyr 1622
14. Feast of the Exaltation of the Holy Cross
15. Feast of Our Lady of the Seven Sorrows
16. Bl. Roland de Medicis, Confessor, Franciscan Third Order Secular, d. 1386
17. Feast of the Stigmatization of St. Francis of Assisi
18. St. Joseph de Cupertino, Priest, Conventual, d. 1664
19. Bl. Louis Alleman, Bishop, Franciscan Third Order Secular, d. 1450
20. St. Francis Mary of Camporosso, lay brother, Capuchin religious, d. 1866
21. Bl. Elizabeth Amodei, Virgin, Franciscan Third Order Secular, d. 1498
22. St. Ignatius of Santhia, Priest, Capuchin religious, d. 1773
23. St. Pio of Peitrelcina, Priest, Capuchin religious, d. 1968
24. St. Pacific of San Severino, Priest, religious of the Franciscan 1st Order, d. 1721
25. St. Nicholas de Flue, Confessor, Franciscan Third Order Secular, d. 1487
26. Bl. Lucy of Caltagirone, Virgin, religious of the Third-Order Regular [living in community, under a Rule], d. 1400
27. St. Elzear of Sabran, Confessor, Franciscan Third Order Secular, d. 1323
28. Bl Bernadin of Feltre, Priest, religious of the Franciscan 1st Order, d. 1494
29. Feast of Saints Michael, Gabriel, and Raphael, Archangels
30. Bl. Charles of Blois, Confessor, Franciscan Third Order Secular, d. 1364



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